Endocrine Society of India Rajasthan Affiliate

In collaboration with The Hormone Research Society, Jaipur

11th Annual Scientific Meeting

ENDO UPDATE 2026

Reproductive Endocrinology

Current Concepts, Clinical Challenges & Future Directions

Unrestricted Educational Grant by USV

Your reliable healthcare partner

DAY 1 **29th August 2026** Saturday | **11:00 am – 11:30 am Registration** | **11:30 am – 11:45 am Lamp Lighting & Welcome Address**

	Time	Topic	Speaker	Moderator	Chairpersons cum Panelists
Session 1		**Clinical Confluence: Practical Wisdom for Everyday Practice** *Each session: 30 mins | 22 mins Presentation + 8 mins Discussion*			
	11:45am-12:15pm	Male Sexual Dysfunction in the Endocrine Outpatient Department	Dr. Shalender Bhasin	Dr. Subhankar Chowdhury	Dr. Amitabh Hatwal Dr. Abhay Kumar Sahoo Dr. Santosh Kumar Singh
	12:15pm-12:45pm	Gender-Affirming Hormone Therapy: Indian Perspectives, Challenges and Endocrine Monitoring	Dr. Rajesh Khadgawat		
	12:45pm-1:15pm	CAH: Recent Advances in Diagnosis and Management	Dr. Claus H. Gravholt		
	1:15pm–2:00pm	**Lunch**			
Session 2		**Keynote Session - Pituitary and Reproduction** *Each session: 35 mins | 25 mins Presentation + 10 mins Discussion*			
	2:00pm–2:35pm	Pituitary Tumors and Gonadal Function: A Complex Problem	Dr. Ashley Grossman	Dr. Surya Kumar Singh	Dr. Rama Walia Dr. Jayaprakash Sahoo Dr. Partha Pratim Chakraborty
	2:35pm–3:10pm	Hypothalamic Amenorrhea and Relative Energy Deficit – When Metabolism Shuts Down Reproduction	Dr. Richard Quinton		
	3:10pm–3:45pm	Guideline-Concordant Management of Male Hypogonadism – A 2026 Update	Dr. Shalender Bhasin		
	3:45pm-4:20pm	PCOS to PMOS – Benefits, Challenges and Impact on Clinical Practice	Dr. Michael Costello	Dr. Abdul Hamid Zargar	Dr. Uma Kaimal Saikia Dr. Mala Dharmalingam Dr. Uday Phadke
	4:20pm-4:30pm	**Endo Update Journey**			
	4:30pm-4:50pm	**Tea Break**			
Session 3		**Expert Perspectives – Bridging Evidence and Clinical Practice** *Each session: 30 mins | 22 mins Presentation + 8 mins Discussion*			
	4:50pm-5:20pm	Turner Syndrome 2026 – New Genomics, Hidden Risks and Optimization of Clinical Care	Dr. Claus H. Gravholt	Dr. Bipin Kumar Sethi	Dr. V. Suresh Dr. Pinaki Dutta Dr. Ankur Gahlot
	5:20pm-5:50pm	Society for Endocrinology Guidelines in Female Hypogonadism and Amenorrhea– From FHA to POI	Dr. Richard Quinton		
Session 4		**PCOS / PMOS – Patterns and Puzzles** *Each session: 30 mins | 22 mins Presentation + 8 mins Discussion*			
	5:50pm-6:20pm	Personalized PCOS/PMOS Care: Evidence-Based Phenotyping, Precision Approaches and Digital Technology	Dr. Skand Shekhar	Dr. Surendra Kumar Sharma	Dr. Asha H.S. Dr. Biplab Bandhopadhyay Dr. Kaushik Pandit
	6:20pm-6:50pm	Fertility Management in PCOS/PMOS: The Role of Assisted Reproductive Techniques	Dr. Michael Costello		
	6:50pm–7:20pm	Emerging Drug Therapies in the Management of PCOS/PMOS: Alignment with Current Clinical Practice Guidelines	Dr. Anuja Dokras (Virtual)		
	7:45pm–8:30pm	**Inaugural Ceremony**			
	8:30pm onwards	**Dinner**			

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DAY 2 — 30th August 2026 Sunday

Time	Topic	Speaker	Moderator	Chairpersons cum Panelists
7:30am–9:00am	**Oral Paper Presentations and Poster Evaluation**			
	Plenary Sessions: Advances in Reproductive Endocrinology *Each session: 35 mins | 25 mins Presentation + 10 mins Discussion*			
Session 1 9:00am–9:35am	Kallmann to IHH – Genetics to Fertility	Dr. Richard Quinton	Dr. Anil Bhansali	Dr. S Vijaya Bhaskar Reddy Dr. Ganapathi Bantwal Dr. P K Jabbar
9:35am–10:10am	Reproduction and Fertility in Patients with Neuroendocrine Tumors (NETs)	Dr. Ashley Grossman		
10:10am–10:45am	Klinefelter Syndrome– Genotype, Epidemiology and Evolving Management	Dr. Claus H. Gravholt		
	The Endocrine Masterclass 1 – Straight from the Experts *Each session: 30 mins | 22 mins Presentation + 8 mins Discussion*			
Session 2 10:45am–11:15am	A Case-Based Discussion of Challenging Issues in Male Reproductive Disorders	Dr. Shalender Bhasin	Dr. Rakesh Sahay	Dr. Muthukrishnan Jayaraman Dr. Vageesh Ayyar Dr. Ajay Shah
11:15am–11:45am	Hyperandrogenism – Navigating Challenges in Clinical Practice	Dr. Michael Costello		
11:45am–12:00pm	**Tea Break**			
	The Endocrine Masterclass 2 – Straight from the Experts *Each session: 30 mins | 22 mins Presentation + 8 mins Discussion*			
Session 3 12:00pm–12:30pm	The Reproductive Endocrine Axis in Women Across the Lifespan: Perimenopause, Clinical Insights and Beyond	Dr. Skand Shekhar	Dr. Sanjay Kumar Bhadada	Dr. K V S Hari Kumar Dr. Sailesh Lodha Dr. Krishna Biswas
12:30pm–1:00pm	Bridging Pediatric and Adult Care in DSD: Challenges, Fertility Preservation and Long-Term Reproductive Outcomes	Dr. Claus H. Gravholt		
1:00pm–1:30pm	Pubertal Delay in Teens – Diagnostic Challenges, Clinical Controversies and Management Strategies	Dr. Richard Quinton		
	The Expert Forum – Insights that Influence Practice *Each session: 30 mins | 22 mins Presentation + 8 mins Discussion*			
Session 4 1:30pm–2:00pm	Anabolic Steroid Use and Body Image Disorder in Men	Dr. Shalender Bhasin	Dr. Dinesh Chandra Sharma	Dr. Sunil Kumar Mishra Dr. Sarita Bajaj Dr. Soumik Goswami
2:00pm–2:30pm	Adolescent PCOS/PMOS: Addressing Diagnostic Challenges and Evidence- Based Management	Dr. Skand Shekhar		
2:30pm onwards	**Award Ceremony & Vote of Thanks, followed by Lunch**			

We Value your Feedback

Your valuable feedback helps us improve and create more impactful learning experiences in the future.

Thank you for being a part of ENDO UPDATE 2026!

SCAN TO SHARE YOUR FEEDBACK